

2023 EMPIRE STATE TAEKWONDO CHAMPIONSHIPS

Dear Masters, Instructors, and Competitors,

It is with extreme gratitude and honor to officially invite everyone to the 2023 Empire State Taekwondo Championships. We'd like to thank all of the Masters, Instructors, Referees and competitors for your support and loyalty throughout the years. We hope everyone will join us again to celebrate the 16th year of the Empire State Taekwondo Championships. This year's championship will be held on Saturday, June 3rd at Promise International Gymnasium in Flushing, Queens, New York.

With the National Championships approaching us, the Empire State TKD Championship will be an important opportunity for competitors and coaches to compete and prepare ourselves with more ring time. As always this will be an all DAEDO Electronic Chest Protector competition for all ages and divisions. Please bring your own Daedo socks for safety and hygienic reasons. There will be a limited supply available at the venue. This championship will be a wonderful experience for Taekwondo students of all ages and belt levels to improve their skills, gain more competition experience, and to make new friendships.

Since Taekwondo is a martial art, first and foremost, we will be expecting proper conduct, appropriate attire, and sportsmanship from all Masters, coaches, referees, and competitors. Any disrespectful behavior or unsportsmanlike conduct will not be tolerated by any in attendance. Let us remember: Courtesy, Integrity, Perseverance, Indomitable Spirit, and Self-Control- The 5 tenets of Taekwondo.

We look forward to seeing everyone on Saturday, June 3rd at Promise International Gymnasium in Flushing, Queens, New York for the 2023 Empire State Taekwondo Championships. Thank you in advance for your continued support and loyalty.

Respectfully,

*Grand Master Suh
Tournament Director
World Championship Team USA Coach
U.S.A. National Team Member*

GENERAL INFORMATION

Hosted & Sponsored by:

Tournament Director:

General Admission:

For more info:

Tournament Venue:

High Performance Martial Arts (www.hpmartialarts.com)

Grand Master Suh

\$15

718-357-3915

Facebook@ High Performance Martial Arts

Promise International Gym, 130-30 31st Ave., Flushing, NY 11354

SCHEDULE OF EVENTS

- 8:00AM: Staff/Volunteers Meeting
- 9:00AM: Doors Open for entry into gymnasium
- 9:30AM: REFEREE MEETING
- 10:00AM: Forms-Breaking-Sparring Competition ages 4-7 ALL BELTS
- 11:00AM: Forms-Breaking-Sparring Competition ages 8-9 ALL BELTS
- 12:00PM: Forms-Breaking-Sparring Competition ages 10-11 ALL BELTS
- 1:00PM: Forms-Breaking-Sparring Competition ages 12-14 ALL BELTS
- 2:00PM: Forms-Breaking-Sparring Competition ages 15 & Up ALL BELTS

REGISTRATION INFORMATION

1. Please Register online at hpmartialarts.com
2. Door Registration will incur a late fee.
3. **No one will be allowed on the competition floor without a Coach Pass.**
4. **Please email Team Roster Sheet for schools with 10 or more competitors**
5. **Competitors will be placed in age divisions by their calendar year (ex. Birthdate 10-1-11 must compete in 12-14 yr)**

RULES & REGULATIONS

Forms (Poomse) Regulations

* WTF approved TKD Form

Age Divisions: (4-5yr) (6-7yr) (8-9yr) (10-11yr) (12-14yr) (15-17yr) (18-29yr) (30-39yr) (40 & up)

Belt Divisions: White/Yellow/Orange Belts are 1 Division. Green/Blue/Purple Belts are 1 Division.

Brown/Red Belts are 1 Division. Black Belts are 1 Division.

Breaking (Kyukpa) Regulations

1 Minute Time Limit. 3 station max. 2 attempts only.

NO SHOES ALLOWED

Sparring Regulations and Mandatory Equipment

*USAT Rules

4-14 yr old Color Belts: No Head Contact

8- 11 yr old Black Belts & 15 and up Color Belts & 31 & UP Black Belts: Light/Controlled Head Contact

12-29 yr old Black Belts: Full Contact

Tie matches will be decided in Golden Point Round. Gen 2 division will be decided by superiority.

All competitors must provide their own Head Gear, Gloves, Shin and Forearm Pads, Mouthpiece, and Groin Cups.

We will be providing the Electronic Chest Protectors.

TOURNAMENT VENUE

PROMISE INTERNATIONAL GYM

130-30 31ST AVE. FLUSHING, NY 11354

2023 EMPIRE STATE TAEKWONDO CHAMPIONSHIP COMPETITOR APPLICATION

SATURDAY, June 3, 2023 @ PROMISE INTERNATIONAL GYM, 130-30 31st Ave.
Flushing, NY 11354

ALL APPLICATIONS MUST BE EMAILED WITH CREDIT CARD INFO

EMAIL: hpmartialarts@gmail.com

Registration Deadline: Thursday, June 1, 2023

Last Name: _____ First Name: _____
Address: _____ City: _____
State: _____ Zip: _____ Your Phone #: _____ Your Email: _____
TKD School: _____ Coach: _____
TKD School Address: _____
TKD School Phone Number: _____

Application will not be processed without the information below

Circle one: Male Female Birth Date: _____ Calendar Year Age: _____ Weight: _____

Belt Color: _____ Your Division Competing In (Circle): Wh/Yel/Or Gr/Bl/Pur Br/Red Black

Circle events you will compete in: Forms Breaking Sparring

Fees: 1 event-\$100 2 event-\$120 3 event-\$130

All Email Applications Must Have Credit Card Info. Email: hpmartialarts@gmail.com.

Deadline Thursday, June 1st

Credit Card # _____ Exp. Date _____
Name as it appears on card _____ Sec.Code _____
Billing Address _____
Billing Zip Code _____ Total Amount _____

LIABILITY WAIVER (Must be Signed)

I hereby submit my application in the Empire State Championship. I understand that this martial art competition is a body contact sport and that my participation in this sport involves some risk of injury. I knowingly and voluntarily assume all risk of injury. I hereby release the Empire State Championship, High Performance Martial Arts, and its Instructors, employees, coaches, organizers, and administrators for any responsibility for injury suffered during the competition. I understand further that I shall strictly obey the rules and regulations governing this tournament in the event of such injury. I hereby give my consent to receive the appropriate medical treatment. I further agree that any pictures taken of or by me in connection with the tournament can be used by the organizers for publicity or promotion without compensation at this time or any other time. I acknowledge that I have read carefully the above and understand it fully, and I voluntarily agree to be bound by the terms specified herein.

COMPETITOR

SIGNATURE: _____ Date: _____

**IF UNDER 18 YEARS, PARENT OR LEGAL GUARDIAN MUST SIGN BELOW.

The undersigned, the parents or legal guardians of the above mentioned participant has read the foregoing and do hereby agree to the terms, conditions, and provisions of the foregoing agreement and agree to release the said organization and organizers for any responsibility for injury to my child suffered during this competition. In the event of such injury, I hereby give my permission for my child to receive appropriate medical treatment.

PARENT/LEGAL GUARDIAN

SIGNATURE: _____ Date: _____

2023 EMPIRE STATE TAEKWONDO CHAMPIONSHIPS

JUNE 4, 2022 AT PROMISE INTERNATIONAL GYM : 130-30 31ST AVE. FLUSHING, NY 11354

COACHES APPLICATION FORM MUST HAVE COACHES PASS TO COACH WILL NOT BE ALLOWED ON THE FLOOR WITHOUT A PASS

EMAIL to hpmartialarts@gmail.com by Thursday, June 1, 2023

Coach Application fee: \$30

Please type or print all information:

Last Name: _____ First Name: _____

Birth date (Month/Day/Year): _____ Age: _____ Circle one: Male Female

Black Belt WTF Dan #: _____ Degree: _____

Home Address: _____ City: _____

State: _____ Zip Code: _____ Phone #: _____

CREDIT CARD #: _____ Exp.Date: _____ Sec : _____ Signature: _____

Dojang/School: _____ Master Instructor: _____

School Address: _____ City _____

State: _____ Zip code: _____ Phone#: _____

Email: _____

LIABILITY WAIVER

I understand that Taekwondo is a body-contact sport, which involves the risk of injury. I agree that I will be responsible for all case of accident such as any damage, loss and any injury etc. which may occur when coaching my students during physical exercise and competition of Gyroogi (Sparring) Breaking and Poomsae (Form) and by my carelessness until the finish of the tournament. I agree that High Performance Martial Arts, Promise International Ministry and all organizing Committees for the Empire State Championship including organizers, officials, staff and volunteers, as well as referees, competitors, staff of sports arena and others, except coach herself/himself, will be indemnified from all accidents as above and release and forever discharge from any claims for damages. I, also agree that the medical treatment provided by the Organizing Committee, if necessary will be a first aid type only.

Printed Name: _____ Signature: _____ Date: _____

(If under 18 must be signed by Parent or Legal Guardian)

TEAM REGISTRATION FORM: FOR SCHOOLS WITH 10 OR MORE STUDENTS

YOU MUST SIGN WAIVER: WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND PARENTAL CONSENT AND INDEMNITY AGREEMENT

In consideration of your acceptance of my entry or that of the minor child, I do hereby, for myself or the minor child, my heirs, executors, and administrators waive, release, discharge, covenant not to sue, and agree to indemnify and save and hold harmless any and all rights and claims for damages which I may have or many accrue to me against High Performance Martial Arts, this athletic meet, it's organizing committee, Promise Ministry, and Empire State Taekwondo Championship and all members of this athletic meet, or their respective officers, committees, medical committee, agents, representatives, successors, sponsors, advertisers, volunteers, owners, and lessor on premises on which the athletic meet takes place, assignees and against any competitor for any and all damages which may be sustained by me or out of traveling to, participating in, and returning from this athletic meet.

I understand the nature of the Empire State Taekwondo Championship Activities and believe that my experience and capabilities, or that of the minor child, to be qualified to participate in this athletic meet. I understand that the Empire State Taekwondo Championship Activities involve risks and dangers of serious bodily injury, including permanent disability, paralysis and death. These risks and dangers may be caused by myself or the minor child's own actions, or inactions, and/or the actions or inactions of others participating in the athletic meet.

I have read this agreement, fully understand it's terms, understand that I or the minor child have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by the law and agree that if any portion of this agreement is held to be invalid that the balance, notwithstanding, shall continue in full force and effect.

NAME	M or F	AGE	BELT DIV.	LBS.	EVENTS: F-Forms B-Breaking S-Sparring D-Demo	LIABILITY WAIVER SIGNATURE Under 18 yr needs Parent or Legal Guardian Signature
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School Name: _____

Master/ Instructor/Coach Name: _____

Telephone: _____ **Email:** _____

Credit Card# _____ **Exp.Date** _____ **Sec:** _____

Amount: _____ **Signature:** _____ **Billing Zip Code:** _____