

NEW YORK SPORT TAEKWONDO CHAMPIONSHIPS 2020

Dear Masters, Instructors, and Competitors,

It is an honor and a privilege to officially invite everyone to the 2020 New York Sport Taekwondo Championships. This year's championship will be held on Saturday, February 1st at Promise International Gymnasium in Flushing, Queens, New York.

With the start of the New Year, the New York Sport TKD Championship will be an excellent opportunity for competitors and coaches to kick off the competition season. This championship will be a wonderful opportunity for Taekwondo students of all ages and belt levels to improve their skills, gain more competition mat experience, and make new friendships.

In celebrating the 16th year of the New York Sport Taekwondo Championship, we will be having Non-Sanctioned division for Non-USAT members and a separate (Sanctioned Event) World Class Sparring, Poomsae and Breaking divisions for All Ages in all Divisions, that will be sanctioned by USA Taekwondo, to earn Points toward their National Rankings. To be eligible for this division, athletes and coaches must be registered with the USAT for 2020. Please register at the following link to register for the Sanctioned portion of our event at <http://www.usat.hangastar.com/login.aspx>.

Once again, we will be utilizing the DAEDO Electronic Body Scoring system in ALL Sparring divisions for all ages and belt levels. Chest protectors will be provided for all competitors. Please bring your own DAEDO socks for proper hygienic reasons. We will have a limited amount at the venue for sale.

Since Taekwondo is a martial art, first and foremost, we will be expecting proper conduct, appropriate attire, and sportsmanship from all Masters, coaches, referees, and competitors. Any disrespectful behavior or unsportsmanlike conduct will not be tolerated by all in attendance. Let us remember: Courtesy; Integrity; Perseverance; Indomitable Spirit; and Self-Control; the 5 tenets of Taekwondo.

We look forward to seeing everyone on Saturday, February 1st at Promise International Gymnasium in Flushing, Queens, New York for the 2020 New York Sport Taekwondo Championships. Thank you in advance for your continued support and loyalty.

Respectfully,

*Master J. W. Suh
World Championship Team Coach
U.S. National Team Member
USA TKD Coach of the Year
USA National Collegiate Champion*

GENERAL INFORMATION

Hosted & Sponsored by:
Tournament Director:
Tournament Co-Director:
General Admission:
For more info:

High Performance Martial Arts
Master J. W. Suh
Master Christian Suh
\$10 / Children under 5 Free
(718) 357 – 3915 or (516) 255 – 4000 or (631) 462-0948
hpmartialarts@gmail.com or FB @ High Performance Martial Arts

SCHEDULE OF EVENTS

- 8:00AM: Volunteer Meeting
- 8:30AM: Credential Pick Up for Competitors and Coaches
- 9:00AM: Referee/Judges/Staff Meeting
- 10:00AM: Competition Begins Ages 4-7 All Belts & All Events
- 11:00AM: Competition Begins Ages 8-9 All Belts & All Events
- 1:00PM: Competition Begins Ages 10-11 All Belts & All Events
- 2:00PM: Competition Begins Ages 12-14 All Belts & All Events
- 3:00PM: Competition Begins Ages 15 & Up All Belts & All Events

REGISTRATION INFORMATION

1. USAT Sanctioned Competitors/Coaches must register online at <http://www.usat.hangastar.com/login.aspx>.
2. For schools sending 10 or more competitors in the NON-USAT SANCTIONED EVENT, please send in a Team Roster Form
3. Door Registration will incur a late fee.
4. Absolutely NO REFUNDS.
5. Must bring your own Daedo Socks for sparring
6. No one will be allowed on the competition floor without a Coach Pass

RULES & REGULATIONS

Forms (Poomse) Regulations

* WTF approved TKD Form

Age Divisions: (4-5yr) (6-7yr) (8-9yr) (10-11yr) (12-14yr) (15-17yr) (18-32yr) (33-40yr) (41 & up yr)

Non-USAT Sanctioned Belt Divisions: White/Yellow/Orange Belts are 1 Division.

Green/Blue/Purple Belts are 1 Division.

Brown/Red Belts are 1 Division. Black Belts are 1 Division.

Breaking (Kyukpa) Regulations

1 Minute Time Limit. 3 station max. 2 attempts only.

NO SHOES ALLOWED

Sparring Regulations

*USAT Rules

4-11 yr old Color Belts: No Head Contact

6-11 yr old Black Belts & 12 and up Color Belts: Light/Controlled Head Contact

12-32 yr old Black Belts: Full Contact

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COMPETITOR APPLICATION (Non-USAT Sanctioned)

SATURDAY, Feb. 1, 2020 @ Promise International Gymnasium, Flushing NY

**PLEASE WRITE SCHOOL CHECKS/MONEY ORDERS/CHECKS TO : MR. SUH
BOUNCED CHECKS WILL INCUR \$20 FEE**

MAILING ADDRESS: HIGH PERFORMANCE MARTIAL ARTS, 212-85 26th Ave., BAYSIDE, NY 11360

NO REFUNDS. Correct amount MUST be paid or you will be charged at door for any amount due.

*****MUST BE POSTMARKED BY MONDAY, Jan. 27th if sending by mail*****

Last Name: _____ First Name: _____
 Address: _____ City: _____
 State: _____ Zip: _____ Your Phone #: _____ Your Email: _____
 TKD School: _____ TKD Instructor: _____
 TKDSchool Address: _____
 TKD School Phone Number: _____

Application will not be processed without the information below

Circle one: Male Female Birth Date: _____ Age: _____ Weight: _____

Belt Color: _____ Your Division Competing In (Please Circle): Wh/Yel/Or Gr/Bl/Pur Br/Red Black

Circle events you will compete in: Forms Breaking Sparring

Fees: (Please Circle) 1 event-\$90 2 events-\$100 3 events-\$110

**ALL EMAIL Applications must have credit card info or you will have to pay door registration rates.
Please Email to: hpmartialarts@gmail.com (Must be received by Jan 30th if sending by email)**

Credit Card # _____ Exp. Date _____ Sec Code: _____
 Name as it appears on card _____
 Billing Address _____
 Billing Zip Code _____ Total Amount _____

LIABILITY WAIVER (Must be Signed)

I hereby submit my application in the NYSTC Championship. I understand that this martial art competition is a body contact sport and that my participation in this sport involves some risk of injury. I knowingly and voluntarily assume all risk of injury. I hereby release the NYSTC, High Performance Taekwondo Center, and its Instructors, employees, coaches, organizers, and administrators for any responsibility for injury suffered during the competition. I understand further that I shall strictly obey the rules and regulations governing this tournament in the event of such injury. I hereby give my consent to receive the appropriate medical treatment. I further agree that any pictures taken of or by me in connection with the tournament can be used by the organizers for publicity or promotion without compensation at this time or any other time. I acknowledge that I have read carefully the above and understand it fully, and I voluntarily agree to be bound by the terms specified herein.

COMPETITOR

SIGNATURE: _____ Date: _____

****IF UNDER 18 YEARS, PARENT OR LEGAL GUARDIAN MUST SIGN BELOW.**

The undersigned, the parents or legal guardians of the above mentioned participant has read the foregoing and do hereby agree to the terms, conditions, and provisions of the foregoing agreement and agree to release the said organization and organizers for any responsibility for injury to my child suffered during this competition. In the event of such injury, I hereby give my permission for my child to receive appropriate medical treatment.

PARENT/LEGAL GUARDIAN

SIGNATURE: _____ Date: _____

2020 NEW YORK SPORT TAEKWONDO CHAMPIONSHIPS

FEB. 1, 2020 AT PROMISE INTERNATIONAL GYM: 130-30 31ST AVE., FLUSHING, NY

COACHES APPLICATION FORM MUST HAVE COACHES PASS TO COACH WILL NOT BE ALLOWED ON THE FLOOR WITHOUT A PASS

Applications are to be postmarked by Monday, Jan 27, 2020 if sending by mail
Applications must be received by Thur., Jan 30, 2020 if sending by email to
hpmartialarts@gmail.com

- ◆ All Coach Application fee: \$30
- ◆ Make Coach's fees by Cashier's Check/Money Order/School Check out to: MR. SUH

Mail to : High Performance Martial Arts
212-85 26th Ave.
Bayside, NY 11360

Please type or print all information:

Last Name: _____ First Name: _____

Birth date (Month/Day/Year): _____ Age: _____ Circle one: Male Female

Black Belt WTF Dan #: _____ Degree: _____

Home Address: _____ City: _____

State: _____ Zip Code: _____ Country: _____

Phone #: _____ E-mail: _____

Dojang/School: _____ Master Instructor: _____

School Address: _____ City _____

Phone#: _____ E-mail: _____

Credit Card #: _____ Exp.Date: _____ Sec: _____

Name as it appears on card: _____ Amount: _____

Billing Address: _____ Zip Code: _____

LIABILITY WAIVER

I understand that Taekwondo is a body-contact sport, which involves the risk of injury. I agree that I will be responsible for all case of accident such as any damage, loss and any injury etc. which may occur when coaching my students during physical exercise and competition of Gyroogi (Sparring) Breaking and Poomse (Form) and by my carelessness until the finish of the tournament. I agree that High Performance Taekwondo Center, Queens College and all organizing Committees for the NYSTC Championship including organizers, officials, staff and volunteers, as well as referees, competitors, staff of sports arena and others, except coach herself/himself, will be indemnified from all accidents as above and release and forever discharge from any claims for damages. I, also agree that the medical treatment provided by the Organizing Committee, if necessary will be a first aid type only.

Printed Name: _____ Signature: _____ Date: _____

2020 NEW YORK SPORT TAEKWONDO CHAMPIONSHIPS

FEBRUARY 1, 2020

REFEREE ATTENDANCE FORM

Name: _____

School Name: _____

Mailing address: _____

Telephone: _____

E-mail: _____

Dan Level: _____

Referee Level: _____

Shirt Size: _____

LIABILITY WAIVER

I understand that Taekwondo is a body-contact sport, which involves the risk of injury. I agree that I will be responsible for all case of accident such as any damage, loss and any injury etc. which may occur when coaching my students during physical exercise and competition of Gyroogi (Sparring) Breaking and Poomse (Form) and by my carelessness until the finish of the tournament. I agree that High Performance Taekwondo Center, Queens College and all organizing Committees for the New York Sport Taekwondo Commission Championship including organizers, officials, staff and volunteers, as well as referees, competitors, staff of sports arena and others, except coach herself/himself, will be indemnified from all accidents as above and release and forever discharge from any claims for damages. I, also agree that the medical treatment provided by the Organizing Committee, if necessary will be a first aid type only.

Printed Name: _____ Signature: _____ Date: _____

**All Referees must wear black slacks, white dress shirt, red tie
and TKD Shoes**

TEAM REGISTRATION FORM: FOR SCHOOLS WITH 10 OR MORE STUDENTS
YOU MUST SIGN WAIVER: WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND PARENTAL CONSENT AND INDEMNITY AGREEMENT

In consideration of your acceptance of my entry or that of the minor child, I do hereby, for myself or the minor child, my heirs, executors, and administrators waive, release, discharge, covenant not to sue, and agree to indemnify and save and hold harmless any and all rights and claims for damages which I may have or many accrue to me against High Performance Taekwondo Center, this athletic meet, it's organizing committee, Promise International Ministry, and New York Sport Taekwondo Championship and all members of this athletic meet, or their respective officers, committees, medical committee, agents, representatives, successors, sponsors, advertisers, volunteers, owners, and lessor on premises on which the athletic meet takes place, assignees and against any competitor for any and all damages which may be sustained by me or out of traveling to, participating in, and returning from this athletic meet.

I understand the nature of the NYSTC New York Sport Taekwondo Championship Activities and believe that my experience and capabilities, or that of the minor child, to be qualified to participate in this athletic meet. I understand that the NYSTC Taekwondo Championship Activities involve risks and dangers of serious bodily injury, including permanent disability, paralysis and death. These risks and dangers may be caused by myself or the minor child's own actions, or inactions, and/or the actions or inactions of others participating in the athletic meet.

I have read this agreement, fully understand it's terms, understand that I or the minor child have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by the law and agree that if any portion of this agreement is held to be invalid that the balance, notwithstanding, shall continue in full force and effect.

NAME	M or F	AGE	BELT DIV.	LBS.	EVENTS: F-Forms B-Breaking S-Sparring	LIABILITY WAIVER SIGNATURE
						Under 18 Yrs- Parent/ Legal guardian must sign
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Team/School Name: _____

Master/ Instructor/Coach Name: _____

Telephone: _____ Email: _____

